Swim Wales Open Masters 2024 - 02/03/2024 to 03/03/2024

Wales National Pool, Swansea

Results - Session 4 - Warm Up 08:00 - 08:50

Event 404 Women 18-24 200 LC Meter Freestyle

1	Anya Preece	21	DEXA-		2:07.03
	30.21	32.09	32.67	32.06	
2	Emily Ezard	22	BSCY-		2:17.83
	30.01	34.16	36.56	37.10	
3	Ellen Jewell	19	SDTS-		2:24.56
	31.87	36.22	38.20	38.27	
4	Hattie Goff	24	OTTL-		2:25.59
	34.35	38.63	36.27	36.34	
5	Elain Owen	19	CHIY-		2:37.22
	35.40	40.67	41.20	39.95	
6	Cerys Vaisey	21	ABTY-		2:41.71
	37.69	42.30	42.03	39.69	
7	Ellen Stephenson	20	RICE-		3:02.17
	41.49	46.62	48.41	45.65	
8	Caitlin Hatfield	20	WCPS-		3:13.73
	44.44	49.39	50.32	49.58	
9	Holly Sullivan	21	SWAW-		3:42.07
	51.17	59.25	1:00.48	51.17	
10	Ciara McKenna	23	BKHT-		4:25.08
	55.85	1:08.52	1:11.07	1:09.64	

Event 404 Women 25-29 200 LC Meter Freestyle

1	Georgina Pryor	26	DEXA-		2:02.64
	28.52	30.30	31.74	32.08	
2	Rebecca Harnden	26	BRNW-		2:30.97
	34.86	38.32	39.71	38.08	

Event 404 Women 30-34 200 LC Meter Freestyle

1	Nia Westlake	31	GLMW-		2:18.09
	31.99	35.78	35.88	34.44	
2	Hannah Angell	34	WOKS-		2:21.49
	33.35	35.68	36.35	36.11	
3	C Williams (Waters)	31	SSMY-		2:21.67
	32.25	35.80	37.07	36.55	
4	Laura Hibberd	34	HISL-		2:22.48
	32.82	35.85	36.85	36.96	
5	Vikki Courtman	30	CHIY-		2:50.59
	38.41	44.30	1:27.88		
6	Alice Eaton	32	OTBW-		2:53.51
	39.75	44.53	46.42	42.81	
7	Sarah-Louise Clarke	30	LOUA-		2:59.73
	39.16	45.04	1:35.53		

Event 404 Women 35-39 200 LC Meter Freestyle

1	Vicki Payne	35	GLMW-		2:25.58
	33.75	36.98	38.12	36.73	
2	Alice Dinsdale-Young	36	OTTL-		2:28.88
	34.40	38.39	38.12	37.97	
3	Megan Pardoe	35	BRNW-		2:32.92
	34.28	39.21	40.54	38.89	
4	Stephanie Baron	37	SDTS-		2:36.10
	36.24	38.58	40.56	40.72	
5	Carrie Power	36	SUNY-		2:41.73
	35.61	39.91	42.06	44.15	

Event 404 Women 40-44 200 LC Meter Freestyle

1	Rebecca Newson	42	EMAW-		2:21.24
	32.30	35.85	36.94	36.15	

Event 404 Women 45-49 200 LC Meter Freestyle

1	Kate Nimmo	48	GLMW-		2:33.84
	34.85	39.24	40.77	38.98	
2	Rachel Wood	47	BRNW-		2:41.52
	38.06	41.94	41.85	39.67	

Event 404 Women 50-54 200 LC Meter Freestyle

1	Nicola Latty	53	HOLY-		2:26.28
	34.27	37.25	38.43	36.33	
2	Karen Howells	53	CDMY-		2:45.02
	37.74	41.59	43.15	42.54	
3	Bryony Wilkes	54	LOUA-		2:46.65
	37.36	42.46	43.79	43.04	
4	Maida Shivik	50	CSCL-		2:46.74
	39.18	43.05	42.97	41.54	
5	Judith McGregor-Harper	54	EMAW-		2:58.15
	40.57	45.66	47.05	44.87	
6	Zorika Adams	54	CSCL-		3:05.84
	40.26	47.51	49.99	48.08	
7	Sarah Jones	50	SDTS-		3:05.90
	44.01	47.05	48.67	46.17	
8	Victoria Price	51	BSCY-		3:22.59
	44.96	51.65	53.61	52.37	

Event 404 Women 55-59 200 LC Meter Freestyle

1	Lindsay Kelly Onay	57	WWWS-		2:45.60
	38.50	42.59	43.36	41.15	
2	Helen Harris	58	LARS-		2:47.94
	38.27	42.48	44.35	42.84	
3	Kerry Friend	55	EMAW-		3:08.55
	42.53	47.97	49.98	48.07	
4	Gillian Ellis-Williams	59	CMMY-		3:09.96
	42.38	48.02	51.21	48.35	
5	Susan Flanigan	56	CDMY-		3:16.56
	44.46	49.07	52.05	50.98	
---	Denise Cuer	56	CALY-		NS

Event 404 Women 60-64 200 LC Meter Freestyle

1	Kathleen Raymond	61	MEMS-		3:16.10
	44.49	50.87	51.33	49.41	
---	Debbie Croydon	64	CMIL-		NS
---	Lesley Davies	64	OTTL-		NS

Event 404 Women 65-69 200 LC Meter Freestyle

1	Helen Kula-Przezwanski	65	DERW-		2:47.34
	38.59	41.97	43.54	43.24	
2	Julia Buchanan	67	CALY-		3:16.24
	44.17	50.42	52.27	49.38	

Event 404 Women 70-74 200 LC Meter Freestyle

1	Lorraine Crook	70	CALY-		5:10.41
	1:14.24	1:21.91	1:18.13	1:16.13	

Event 404 Women 75-79 200 LC Meter Freestyle

1	Elaine Blower	79	BANL-		3:57.51
	55.28	1:02.54	1:02.08	57.61	